

Homemade Air Purifying Blends

The following recipes are courtesy of Nic Abraham. For more wellness tips, visit [her website](#).

Blend #1

Ingredients

- 5 drops of lemon essential oil
- 4 drops of rosemary essential oil
- 4 drops of tea tree essential oil
- 3 drops of lavender essential oil

Instructions

1. Add to a diffuser with water.

Blend #2

Ingredients

- 5 drops of lavender essential oil
- 5 drops of ylang ylang essential oil
- 4 drops of geranium essential oil

Instructions

1. Add to a diffuser with water.

Blend #3

Ingredients

- 4 drops of bergamot essential oil
- 4 drops of lavender essential oil
- 3 drops of rosemary essential oil
- 2 drops of eucalyptus essential oil

Instructions

1. Add to a diffuser with water.