

Homemade Mood Refresher Face Spritz

This recipe is courtesy of Nic Abraham. For more wellness tips, visit [her website](#).

Ingredients

- 1/2 cup of distilled water
- 1/2 cup of rose water
- 2 drops of geranium essential oil
- 2 drops of jasmine essential oil
- 2 drops of patchouli essential oil

Instructions

1. Mix all in a spray bottle.
2. Shake well before use.