

Homemade Natural Perfumes

The following recipes are courtesy of Nic Abraham. For more wellness tips, visit [her website](#).

Blend #1

Ingredients

- 12 drops of sweet orange essential oil
- 8 drops of ylang ylang essential oil
- 4 drops of lavender essential oil
- Add dried lavender buds (optional)

Instructions

1. Add all ingredients to a 10 mL glass roller bottle or a dropper bottle along with a carrier oil (jojoba or sweet almond).

Blend #2

Ingredients

- 10 drops of rose essential oil
- 10 drops of sweet orange essential oil
- 6 drops of vanilla essential oil
- Add dried rose petals (optional)

Instructions

1. Add all ingredients to a 10 mL glass roller bottle or a dropper bottle along with a carrier oil (jojoba or sweet almond).