

## **Homemade Odor Eliminating Foot Powder**

*This recipe is courtesy of Nic Abraham. For more wellness tips, visit [her website](#).*

### *Ingredients*

- 6 Tbsp. of cornstarch
- 3 Tbsp. of baking soda
- 13 drops of peppermint essential oil
- 7 drops of eucalyptus essential oil
- 7 drops of tea tree essential oil

### *Instructions*

1. In a bowl, mix all ingredients and store in a jar.
2. When needed, sprinkle on feet and in shoes.

*Note:* Arrowroot powder can be used instead of cornstarch.