

# Heinen's Club Fx-Approved Foods by Department



## Produce Department

- Avocados
- Beets
- Vigeo Gardens microgreens
- Heinen's arugula
- Great Lakes Growers watercress
- Broccoli sprouts
- Turmeric
- Ginger
- Broccoli
- Cauliflower
- Brussels sprouts
- Garlic
- Red onions
- Sweet potatoes
- Organic bulk kale
- Organic cilantro
- Organic parsley
- Carrots
- Blueberries
- Organic apples
- Citrus fruit (grapefruit, oranges, etc.)
- Lemons
- Heinen's fresh ground walnut, almond, or peanut butter
- Raw walnuts

## Dairy Department

- Malk unsweetened almond milk
- Origin A2 grass-fed milk
- So Delicious coconut milk creamer
- Cocojune coconut yogurt
- Stonyfield Organic plain 100% grass-fed Greek yogurt
- Heinen's pasture-raised organic eggs
- Kerrygold grass-fed butter
- Organic Valley shredded cheese
- Kite Hill plant-based cream cheese
- Heinen's juice shots

## Frozen Department

- Heinen's riced cauliflower or broccoli
- Heinen's spiralized butternut squash
- Stahlbush tri-colored carrots
- Earthbound Farms organic kale
- Heinen's frozen quinoa
- Heinen's frozen blueberries or raspberries
- Seapoint Farms organic shelled edamame
- Erie Bone Broth
- Force of Nature bison
- Blue Zone Kitchen Bowls (Fx™-approved varieties: Burrito Bowl and Heirloom Rice Bowl)
- No Bull plant-based burgers
- Food for Life bread
- WOW wheatgrass shots
- Applegate Naturals chicken & sage breakfast sausage
- Evergreen waffles

## Meat and Seafood Departments

- Actual Veggies veggie burgers
- Lightlife tempeh
- Nasoya tofu
- Rainbow or Ruby Red trout
- Wild salmon or Verlasso salmon
- Pasturebird chicken
- Plainville Farms organic turkey
- Heinen's organic grass-fed beef

## Deli

- Two Brothers organic turkey breast (in the Deli case)
- Big Picture fermented olives
- Wholly guacamole
- Sidekicks salsa
- Wake Robin pickle chips
- Cleveland Kitchen kraut
- Hummus Goodness hummus
- Chix Soup Co. wild rice chicken soup
- Vegan Eats soup

## Specialty Cheese

- Esti feta cheese in brine
- Heinen's A2 organic grass-fed cheeses
- LaClare goat cheese
- Nuts for Cheese (plant-based)
- Treeline goat-style cheese (plant-based)

## Grocery Department

### BREAD

- Dave's Killer thin sliced good seed bread
- Reinecker's Bakery ten grain bread
- Reinecker's Bakery flaxseed bread

### SNACKS

- Go Raw spouted pumpkin seeds
- Go Raw sprouted sunflower seeds
- Woodstock Brazil nuts
- Living Intentions activated sprouted almonds
- Pan's original mushroom jerky
- Brad's kale chips
- Brad's veggie chips
- Gimme sea salt and avocado seaweed snacks
- Lil Bucks clusterbucks (lightly sweetened buckwheat clusters)
- Lundberg thin stackers rice cakes
- LesserEvil popcorn
- Siete Foods maiz corn tortilla chips
- SmartBark! snacking chocolate
- Hu chocolate bars
- Peaceful Fruits stickers or tape (kid-friendly)

### COOKIES & CRACKERS

- Siete Foods cookies
- Simple Mills cookies
- Flackers crackers
- Mary's Gone crackers
- Wasa sourdough Swedish crispbread

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# Heinen's Club Fx-Approved Foods by Department



## Grocery Department *continued*

### CEREAL

- Ezekiel cereal
- Uncle Sam's cereal
- Lovebird cereal
- Heinen's organic rice crispies
- Wittzi's granola
- Living Intentions activated granola
- Heinen's old fashioned oats
- Bob's Red Mill 7-grain hot cereal
- Qi'a superseeds & grains superfood oatmeal

### BEVERAGES

- Heinen's sparkling water
- Hint water
- Shaka tea
- Nooma (sports and energy drinks)
- HOPWTR (with adaptogens and nootropics)
- Lakewood Organic pure lemon
- Once Upon a Coconut coconut water
- Rishi matcha tea
- Rishi turmeric tea
- Laird hot chocolate

### BAKING/OILS

- Heinen's avocado oil
- Heinen's extra virgin olive oil
- Heinen's coconut oil
- Heinen's extra virgin olive oil spray
- Organic Valley ghee
- Artisana coconut butter
- Heinen's canned pumpkin
- Heinen's pure maple syrup
- Bragg nutritional yeast
- Bragg sprinkle 24 herbs & spices
- Heinen's organic spices
- Bob's Red Mill almond flour
- King Arthur 100% whole grain flour
- Let's Do Organic coconut flakes
- Equal Exchange dark chocolate chips
- Big Tree Farms coconut sugar
- Sweet Leaf sweet drops
- Just Date date syrup
- Wholesome molasses
- Simple Mills baking mixes

## INTERNATIONAL/BEANS/GRAINS

- Heinen's tahini
- Heinen's organic coconut milk
- Coconut Secret coconut aminos (soy sauce alternative)
- Eden Foods miso
- Eden Foods kombu
- Terranean Herbs Za'atar
- Siete Foods taco shells
- Siete Foods taco seasoning
- La Preferida organic refried beans
- Heinen's salsa
- Wolff's kasha
- TruRoots sprouted quinoa
- Heinen's long grain brown & wild rice
- Heinen's organic dried beans
- Heinen's organic lentils
- Heinen's canned beans

## NUT BUTTERS/JAMS/CONDIMENTS/DRESSINGS

- Heinen's almond butter
- Heinen's peanut butter
- Chia Smash superfood jam
- Heinen's raw honey
- Wedderspoon manuka raw honey
- Bragg apple cider vinegar
- Noble Made less sugar BBQ sauce
- Tia Lupita hot sauce
- Carrington Farms quinoa croutons
- Bragg salad dressings
- Heinen's organic ketchup
- Primal Kitchen mayo

## PASTA/SAUCES/TINNED FISH

- Lucini marinara sauce
- Stinos pomodoro sauce (lower in sodium than average brands)
- Explore Cuisine bean pasta
- Heinen's organic whole wheat pasta
- Heinen's organic canned tomatoes
- Rao's pizza sauce
- Simple Mills almond flour pizza dough
- BeanVIVO baja black beans
- Wild Planet sardines
- Wild Planet anchovies
- Wild Planet albacore tuna
- Wild Planet salmon
- King Oscar mackerel

## CANNED VEGETABLES, SOUPS, FRUIT

- Heinen's beets
- Heinen's artichoke hearts
- Primal Kitchen gravy
- Amy's Light in Sodium lentil soup
- Amy's hearty Italian vegetable soup
- 18 Chestnuts soups
- Heinen's organic stocks
- Bonafide Provisions no salt added bone broth
- Mamma Chia chia squeeze
- Heinen's organic applesauce

## Wellness

- Health Junkie elderberry
- Ancient Nutrition greens powder
- Ancient Nutrition multi collagen protein
- Epic protein powder (plant-based)
- Just Ingredients protein powder (whey-based)
- Four Sigmatic mushroom powder
- Heinen's chia seeds
- Heinen's flaxseeds
- Heinen's spirulina powder
- Heinen's cacao powder
- Heinen's beet powder
- Navitas hemp seeds
- Navitas matcha
- Navitas power snacks
- Bare Organics turmeric
- Olipop prebiotic soda
- Poppi prebiotic soda
- GT's kombucha
- Tosi Snacks superbites
- Wise Bar
- Thunderbird bars